

## Biography

**Dr Margo Barker** is a nutritional epidemiologist with 30 years experience in public health nutrition research. Margo Barker completed her PhD at Queen's University Belfast, and began her research career in public health nutrition at the University of Ulster. After a period working as a public health nutritionist with industry, she joined the University of Sheffield and helped establish postgraduate programmes in human nutrition. She represents public health nutrition interests on Council of the UK Nutrition Society and was previously on the editorial board of the British Journal of Nutrition. She is a member of the Nutrition Society's Training and Education Committee and currently is a contributor to training workshops on dietary assessment. She is a registered nutritionist with the Association for Nutrition, UK.

Her research program embraces the broad area of public health nutrition. She has had particular experience of conducting dietary intervention studies, most recently addressing weight loss in an obese population. Other clinical studies have focused on the effect of flavonoid-rich drinks on cardiovascular risk.

Margo has also carried out a portfolio of study into the psychological, social and policy influences on food choice and dietary adequacy. A recent study sponsored by the Jamie Oliver Foundation evaluates school-based interventions to improve food literacy, whilst other work has focused on food poverty. A Leverhulme-funded study, which examined representation of food, nutrition and slimming advice in women's magazines, has led to a focus on how nutritional and dietary issues are portrayed in the media. Margo has published some 50 original papers on nutrition and health in peer-reviewed journals.